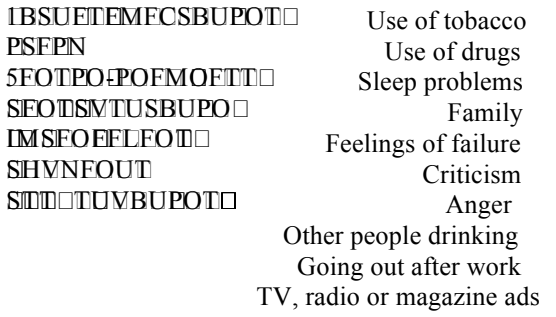
Use of tobacco
Use of drugs
Sleep problems
Family
Feelings of failure
Criticism
Anger
Other people drinking
Going out after work
TV, radio or magazine ads