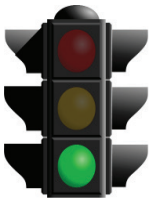




Warning Signs: Heart Attack



GOOD: All is Well

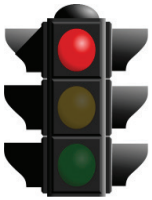
- ▶ Feeling normal
- ▶ Breathing easily
- ▶ Performing normal daily activities as before



CAUTION: Time to Act

Call your doctor if you have

- ▶ Unexplained aches and pains
- ▶ Chest tightness with exercise
- ▶ Trouble breathing
- ▶ A feeling that your heart is racing or pounding
- ▶ Feeling weak or very tired



DANGER! Time for Immediate Action

CALL YOUR DOCTOR RIGHT NOW if you have

- ▶ Chest discomfort that lasts more than a few minutes or goes away and comes back
- ▶ Discomfort in other areas of the upper body (arms, neck, jaw, stomach)
- ▶ Shortness of breath
- ▶ Breaking out in a cold sweat, nausea or light headedness