



The Care Transitions Project

What is the Care Transitions Project?

The Care Transitions Project was created by Medicare to help people who leave the hospital take better care of themselves so that they don't have to go back. Medicare hopes that through this project, doctors, members of the community and patients with Medicare learn to:

- Manage your condition better
- Manage your medicine better
- Get the right health tests before you get sick
- Develop and use a Personal Health Record
- Improve communication with your doctors
- Prevent another hospital visit
- Learn when to go to the Emergency Room and when to not

What Can You Do?

Be a partner in your own way. Getting involved could save you a trip to the hospital. Ask someone at an organization, like your local senior center or pharmacy, for help. Through the Care Transitions Project, atom Alliance hopes that patients with Medicare will:

- Become more active in their healthcare
- Talk to their doctor and pharmacist
- Use a Personal Health Record
- Learn more about “red flags” or early trouble warning signs
- Know who to call when help is needed

Learn more more about the project at:
www.caretransitions.org

Learn how atom Alliance is working to keep you out of the hospital at
atomAlliance.org/patientcoordination

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