

# SBIRT | Screening, Brief Intervention, Referral to Treatment for Adults

This is a common SBIRT workflow carried out in primary care settings and emergency departments. It can be tailored to best suit your needs.

## Brief Screen

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## Full Screen

## Response

- The Brief screen is given to all adult patients age 18 or older, at least once a year.
- Identifies adult patients who warrant a Full screen.
- Primary care: administered by receptionist via paper form, tablet, or kiosk in the waiting area.
- Emergency department: administered through verbal interview by nurse during triage.
- One question screens for unhealthy alcohol use and one question screens for recreational or illicit drug use.

- The Full screen is administered to adult patients who answer positive on the brief screen.
- Primary care: administered by the medical assistant via paper form or verbal interview in the exam room, as part of the rooming process.
- Emergency department: administered by the behavioral health professional via paper form or verbal interview, before discharge.
- The AUDIT is a Full screen that assesses severity of alcohol use, and the DAST is a Full screen that assesses severity of non-medical drug use.

- The clinician or behavioral health specialist scores the Full screen in the exam room (primary care) or before discharge (emergency department).
- Brief advice/education is given to adult patients with low-risk substance use.
- Brief interventions employ principles of motivational interviewing, and are delivered to patients likely experiencing risky use, or a mild or moderate substance use disorder.
- Referrals to specialized treatment are recommended to patients likely experiencing a moderate or severe substance use disorder.

