Everyone with Diabetes Counts Initiative

Under contract with the Centers for Medicare & Medicaid (CMS), atom Alliance has launched the Everyone with Diabetes Counts (EDC) initiative in Alabama, Indiana, Kentucky, Mississippi and Tennessee.

It will provide targeted Medicare beneficiaries living with diabetes an opportunity to participate in free diabetes self-management education (DSME) classes.

Beneficiaries will receive eight hours of diabetes self-management training in their home communities, clinical settings, and other locations such as community centers, libraries and senior centers.

Community health workers (CHWs), nurses, etc. will conduct diabetes self-management training classes utilizing the Diabetes Empowerment Education Program (DEEP).

These classes are designed to:
- **Educate** beneficiaries on how to best control their blood sugar, blood pressure and cholesterol levels;
- **Empower** beneficiaries to establish relationships with primary care providers;
- **Encourage** better nutrition and regular exercise;
- **Encourage** lifestyle changes that lead to the reduction in the number of limb amputations;
- **Express** the importance of developing support networks of family, friends, and existing community-based social services.

We’re Here to Help
Technical assistance will be provided to practitioners interested in a train-the-trainer program and becoming a certified AADE/ADA site.

Data will be obtained on HbA1c levels, LDLs, eye exams and blood pressure to monitor lifestyle change.
**Target Population**
- African-American
- Hispanic/Latino
- American Indian/Native American
- Asian/Pacific Islander
- Any race/ethnicity, living in rural areas

For additional information on how patients, caregivers, healthcare providers and community leaders can get involved in the EDC, please visit [www.atomAlliance.org/EDC](http://www.atomAlliance.org/EDC).

**Who We Are**
atom Alliance is a multi-state alliance for powerful change composed of three nonprofit, healthcare quality improvement consulting companies—Qsource, AQAF and IQH. We serve the states of Alabama, Indiana, Kentucky, Mississippi and Tennessee.

We are change agents focused on three aims: better patient care, better population health and lower health care costs through improvement.

We share expertise to advance the goals of the National Quality Strategy and support CMS in efforts to transform the course of healthcare in our nation for the better.