



## Reducing Disparities in Diabetes Care

Ethnic, racial minorities and rural residents have a higher prevalence of diabetes. Together, we can work to close the gap.

Diabetes self-management education (DSME) is a proven intervention for empowering people with diabetes to acquire the knowledge and skills necessary to improve the quality of their lives. DSME can prevent or lessen the severity of complications resulting from diabetes such as kidney failure, amputation, loss of vision, heart failure and stroke.

atom Alliance works with providers to educate them on the Medicare diabetes self-management training (DSMT) and medical nutrition therapy (MNT) benefits.

**Help ensure all patients with pre-diabetes and diabetes have access to diabetes self-management education.**

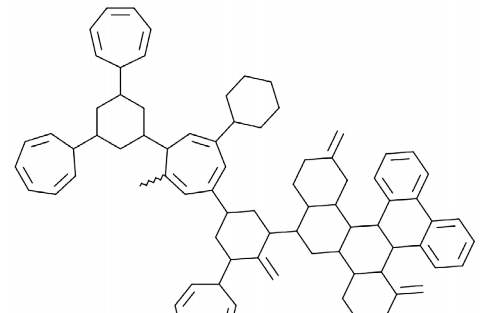
### Who We Are

atom Alliance is a multi-state alliance for powerful change composed of three nonprofit, healthcare quality improvement consulting companies—Qsource, AQAF and IQH. We serve the states of Alabama, Indiana, Kentucky, Mississippi and Tennessee.



We are change agents focused on three aims: better patient care, better population health and lower health care costs through improvement.

We share expertise to advance the goals of the National Quality Strategy and support Centers for Medicare & Medicaid Services (CMS) in efforts to transform the course of healthcare in our nation for the better.



## atom Alliance will

- Invite patients with pre-diabetes/diabetes to participate in and complete DSME
- Provide feedback to providers regarding clinical improvement on patients completing DSME
- Promote DSME and develop train-the-trainer programs
- Create tools and resources for providers and patients to enhance DSME and promote lifelong learning
- Organize and host in-person and virtual learning events
- Share best-practices of diabetes care and DSME

## Providers will

- Refer beneficiaries for DSME training
- Support the development and operation of train-the-trainer programs
- Commit and contribute to a sustainability plan so that all patients will have access to DSME

## Our Goal

Improve clinical outcomes for people with diabetes and decrease complications.



## Local Contacts

Please contact the following person, designated as your state lead:

### Alabama | AQAF

Lee Pearce  
lee.pearce@area-G.hcqis.org

### Indiana | Qsource

Donald Gettinger  
don.gettinger@area-G.hcqis.org

### Kentucky | Qsource

Margie Banse  
margie.banse@area-G.hcqis.org

### Mississippi | IQH

Lisa Camel  
lisa.camel@area-G.hcqis.org

### Tennessee | Qsource

Debra Bratton  
debra.bratton@area-G.hcqis.org

[atomalliance.org](http://atomalliance.org)

