



Bless Your Heart

## Health & Wellness Survey

Our Health and Wellness Committee is conducting a survey of all church members. The purpose of this survey is to better serve you by guiding the health programs we provide through our ministry.

Please answer the following questions and leave your completed survey where instructed.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

I have high blood pressure:	<input type="checkbox"/> Yes	<input type="checkbox"/> No	I have sleep apnea:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
I have a heart condition:	<input type="checkbox"/> Yes	<input type="checkbox"/> No	I have knee, hip or other joint problems:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
I have high cholesterol:	<input type="checkbox"/> Yes	<input type="checkbox"/> No	I need or have needed cancer support:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
I have diabetes:	<input type="checkbox"/> Yes	<input type="checkbox"/> No			

I am interested in learning more about my health through (*check all that apply*):

- Cooking classes
- Exercise programs
- Smoking Cessation Programs
- Health-related tours/demonstrations
- Invited speakers
- Articles
- Recipes
- Health Fairs

I am able to talk about any of these topics on the following times and dates.

Time of day I am available:

Morning       Day       Night

Days of the week I am available:

Monday                       Friday

Tuesday                       Saturday

Wednesday                       Sunday

Thursday

This content was originally developed by the Arkansas Foundation for Medical Care (AFMC). This material was prepared by atom Alliance, the Quality Innovation Network-Quality Improvement Organization (QIN-QIO), coordinated by Qsource for Tennessee, Kentucky, Indiana, Mississippi and Alabama, under a contract with the Centers for Medicare & Medicaid Services (CMS), a federal agency of the U.S. Department of Health and Human Services. Content does not necessarily reflect CMS policy. 15.ASB1.02.011



Quality Improvement Organizations  
Sharing Knowledge. Improving Health Care.  
CENTERS FOR MEDICARE & MEDICAID SERVICES

